

OCEAN TR23SURE

WELCOME TO THE OCEAN TR23SURE RESTAURANT OUR LITTLE PART OF THE FAR EAST IN CENTRAL MANCHESTER

Our aim is to take you beyond 'The Bamboo Curtain' on a culinary experience that will both delight and tantalize your taste buds.

The majority of our menu is traditionally Cantonese with more than a few specials from further afield and are cooked by our masterchefs. All 'cherry picked' from China Town who have many years of expertise between them. Following the trend for healthy eating, we can offer a perfect solution for any dietary requirement. We have an extensive vegetarian menu, vegan, wheat free, gluten free and Halal options are available, all cooked with REDUCED SALT, LESS FAT and NO ADDED MSG.

OCEAN TR23SURE offers the perfect choice
for today's health conscious consumer!

"To eat well and drink well is necessity, all else is luxury."

**Confucius
(551-479BC)**



OCEAN TR23SURE BANQUET A

@ £30 PER PERSON

(AVAILABLE FOR PARTIES OF 2 OR MORE)

Aromatic Crispy Duck

Can you remember your first Duck? Was it love at first bite?
An all time favourite, served with the usual trimmings of Hoi Sin,
Shredded Cucumber, Spring Onions and Pancakes

Crispy Hors D'Oeuvres Platter Combination

A wonderful collection of variety and tastes including
Crispy Prawn Dumplings, Sesame Prawns on Toast,
Crispy Spring Rolls, Skewered Satay Chicken and Seaweed

MAIN COURSES

Served with Egg Fried Rice

For 2 persons

Sizzling Cantonese Fillet Steak
Chicken in Black Pepper Sauce

For 3 persons

Lamb in Chilli and Garlic

For 4 persons

Satay King Prawn Casserole

For 5 persons

Steamed Fresh Sea Bass Fillets with Ginger and Spring Onion

OCEAN TR23SURE BANQUET B

@ £40 PER PERSON

(AVAILABLE FOR PARTIES OF 2 OR MORE)

Salt and Pepper Soft Shell Crab

Served with Oriental Salad

Aromatic Crispy Duck

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Shredded Cucumber, Spring Onions and Pancakes

Crispy Hors D'Oeuvres Platter Combination

A wonderful collection of variety and tastes including
Crispy Prawn Dumplings, Sesame Prawns on Toast,
Crispy Spring Rolls, Skewered Satay Chicken and Seaweed

MAIN COURSES

Served with Egg Fried Rice

For 2 persons

Teriyaki Fillet Steak Cubes
Pagoda Sweet and Sour Chicken

For 3 persons

Lamb Fillet Green Peppers and Black Bean Sauce

For 4 persons

Sizzling Scallops and King Prawns with Fresh Pineapple

For 5 persons

Steamed Fresh Sea Bass Fillets with Ginger and Spring Onion

OCEAN TR23SURE BANQUET C

@ £50 PER PERSON

(AVAILABLE FOR PARTIES OF 2 OR MORE)

Steamed Diver Scallops

with Garlic and Glass Vermicelli

Aromatic Crispy Duck

Can you remember your first Duck? Was it love at first bite?
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Shredded Cucumber, Spring Onions and Pancakes

Crispy Hors D'Oeuvres Platter Combination

A wonderful collection of variety and tastes including
Crispy Prawn Dumplings, Sesame Prawns on Toast,
Crispy Spring Rolls, Skewered Satay Chicken and Seaweed

Succulent Lobster Tails

Baked in Fresh Ginger and Spring Onion
and served in a clay pot

MAIN COURSES

Served with Egg Fried Rice

For 2 persons

Sizzling Fillet Steak Korean Gangnam Style
Chicken Teriyaki

For 3 persons

Sweet and Sour King Prawns

For 4 persons

Spicy Lamb Fillets with Cumin and Leek

For 5 persons

Whole Dover Sole with Asparagus carefully filleted into
bite sized pieces and served on a crispy fried bone

OCEAN TR23SURE VEGETARIAN BANQUET

@ £26 PER PERSON

(AVAILABLE FOR PARTIES OF 2 OR MORE)

Vegetarian Lettuce Wrap

A stir fry of finely chopped vegetables with a sprinkling of nuts,
served with crispy iceberg lettuce... beautiful!

Vegetarian Hors D'Oeuvres Combination Platter

Vegetarian Spring Rolls, Skewered Satay Vegetables,
Deep Fried Crispy Fun Kou, Vegetarian Samosas and Seaweed

MAIN COURSES

Served with Mixed Vegetable Fried Rice
(No Egg)

Choose from the following options (one per person)

Mixed Vegetables
'Veggie' Chicken
'Veggie' Duck

Then add one of the following options

Satay Sauce
Fruity Cantonese
Green Peppers and Black Bean Sauce
Sweet and Sour Sauce
Chilli and Garlic
Ginger and Spring Onion
Oyster Sauce
Szechuan Sauce

VEGETARIAN STARTERS

Mixed Vegetables and Sweetcorn Soup (GF) ★	£5.00	Salt & Pepper Tofu ★	£6.00
Vegetarian Hot & Sour Soup (GF) ★	£5.00	Salt & Pepper Aubergine ★	£6.00
Rainbow Beancurd and Tomato Soup ★	£5.00	Salt & Pepper Mushrooms ★	£6.00
Thai Tom Yum Vegetable Soup	£5.00	Whole Asparagus with Garlic (GF) ★	£6.00
Seaweed (GF) ★	£5.00	Skewered Mixed Vegetable with Satay or Sweet & Sour Dip	£7.50
Vegetarian Spring Rolls	£5.00	Skewered "Mock Chicken" with Satay or Sweet & Sour Dip	£7.50
		Minced Vegetable Lettuce Wrap ★	£7.50

Vegetarian Hors D'Oeuvres Combination Platter (min 2 persons) @ £7.50 per head

Vegetarian Spring Rolls, Skewered Satay Vegetables,
Deep Fried Crispy Fun Kou, Vegetarian Samosas and Seaweed

VEGETARIAN MAIN COURSES

Pak Choi with Crushed Garlic Sauce (GF) ★	£8.80	Kung Po Mixed Vegetables with Cashew Nuts	£9.80
Kai Lan with Crushed Garlic Sauce (GF) ★	£8.80	Mixed Vegetables Fried Rice (GFA) ★	£9.80
Salt & Pepper Tofu ★	£9.80	Thai Mixed Vegetables Fried Rice (<i>spicy</i>) ★	£9.80
Ma Po Tofu in Clay Pot (<i>spicy</i>) ★	£9.80	Satay Mixed Vegetables & Glass Vermicelli in Clay Pot (GFA) ★	£9.80

CREATE YOUR OWN VEGETARIAN DELIGHT

Stir Fried Mixed Vegetables (GFA) ★	£9.80
Stir Fried Tofu ★	£9.80
Aubergine ★	£9.80
Veggie Mock Chicken ★	£10.80
Veggie Mock Duck ★	£10.80

with the following choice of sauce:

Sweet & Sour / Szechuan / Satay / Chilli & Garlic
Black Bean / Black Pepper / Cantonese / Kung Po / Curry

Vegan options denoted by ★

APPETISERS

Prawn Crackers	£3.00
Chicken Skewers (choice of Malaysian Satay or OK Sauce)	£7.00
Butterfly King Prawn (choice of Honey Lemon or Thai Sweet Chilli Dip)	£8.00
Rib Eye Steak Rolls (choice of OK or Black Pepper Sauce)	£8.80
Chicken Lettuce Wrap (served with Hoi Sin & Lettuce) (GFA)	£8.80
Salt & Pepper Chicken Wings	£8.80
Szechuan Friery Fried Chilli Chicken Wings	£8.80
King Prawn Skewers (choice of Malaysian Satay or OK Sauce)	£8.80
Spare Ribs (choice of Salt & Pepper, BBQ or Peking Sauce)	£9.80

MIXED COMBINATION PLATTERS

If you can't make up your mind what to start with,
then this one's for you... Variety and Quality,
It'll be right up your street!

Crispy Hors D'oeuvres Platter Combination (min 2 persons) @ £9.50 per head

Crispy Prawn Dumplings, Sesame Prawns on Toast,
Crispy Spring Rolls, Skewered Satay Chicken and Seaweed

Superior Dim Sum Platter Combination (min 2 persons) @ £10.50 per head

Sirloin Steak Rolls OK Sauce,
Snowflake Paper Wrapped Prawns,
Crispy Prawn Dumpling, Ha Kau (Steamed Prawn Dumpling),
Siu Mai (Steamed Prawn Pork Dumpling) and Seaweed

SOUPS

Chicken with Sweetcorn Soup (GF)	£5.80
Beijing Hot & Sour Soup (GFA)	£5.80
Thai Tom Yum Chicken Soup	£5.80
Thai Tom Yum Prawn Soup	£6.80
Won Ton Prawn Dumpling Soup	£6.80
Seafood Superior Soup (GFA)	£7.80

DIM SUM

Dim Sum, literally translated means 'choice of the heart,'
small dishes of bite size starters providing variety and
quality without the quantity... and ideal beginning.

CRISPY DIM SUM

Spring Rolls	£5.50
Deep Fried Prawn Won Ton	£5.80
Fried King Prawn Dumpling with Salad Cream Dip	£5.80
Chicken & Prawn Seaweed Rolls with Wasabi Dip	£5.80
Snowflake Paper Wrapped Prawns	£5.80
Sesame Prawn on Toast	£7.80

STEAMED DIM SUM

Siu Mai (Pork & Prawn Meat Dumpling)	£5.80
Beef Dumpling with Ginger & Spring Onion	£5.80
Cha Siu Bao (BBQ Pork in Fluffy White Bun)	£5.80
Har Kau (Prawn Meat Dumpling)	£6.80
Rainbow Har Kau (Original, Sweetcorn & Celery)	£6.80

CHEF'S SPECIAL RECOMMENDATIONS

- STARTERS -

Minced Seafood Lettuce Wrap in XO Sauce* (GF) £9.80

This is the definitive 'Prawn Sandwich' version of the Classic Chicken Lettuce Wrap. Finely diced Seafood with Chopped Vegetables stir fried with a savoury XO Sauce*, served with Crispy Iceberg Lettuce Leaves. A magical collection of textures and tastes, hot and cold... Yummy!

Salt and Pepper Soft Shell Crab £11.80

For those seafood lovers amongst us, this will knock you sideways, young Soft Shell Crab marinated with a fine Tempura Batter, deep fried to a crisp then tossed (by our wonderful tossers in the kitchen) in Salt and Chilli Pepper... 'Get your Mincers on those Pincers!'

Steamed Diver Scallops with Garlic and Glass Vermicelli (GFA) £MarketPrice

Fresh Scallop in a shell, steamed to perfection with a healthy topping of Garlic and Glass Vermicelli, finished off with a touch of Soy Sauce.
Vampires exit stage right!

Beijing Roast Duck (GFA) ½ £22.00, Whole £38.00

This was the original Duck with Pancakes and usually requires 24 hours notice to prepare. But having issued our masterchefs with 'Beijing Blue Peter Badges' (the ones they prepared earlier), you can now savour this delicacy anytime.

Chicken and Prawn Seaweed Rolls £5.80

Crabmeat, minced Chicken and Prawn wrapped in rolls of wafer thin Seaweed, served with a karate kicking Wasabi and Soy Dip... Ah so tasty!

Snowflake Paper Wrapped Prawns £5.80

Minced King Prawns wrapped in a featherlite Rice Paper dusted with 'Snowflakes' then deep fried to perfection. Served with a Salad Cream Dip. Stunning!

Rainbow Har Kau £6.80

The Designer brand Har Kau? Y-3? A colourful collaboration of one Original, one Sweetcorn and one with Celery, each giving it's own distinctive taste... Yohji's favourite.

Crispy Aromatic Duck (GFA)

¼ **£12.00**

½ **£22.00**

Whole Duck £38.00

An all time classic, say no more, available with the usual trimmings of Hoi Sin, Cucumber, Spring Onions and Pancakes. Donald came up Trumps with this one!

*XO Sauce is a premium chilli-based sauce derived from Sundried Scallops, Parma Ham, Chill and Garlic

CHEF'S SPECIAL RECOMMENDATIONS

- MAIN DISHES -

Crispy Shredded Fillet Steak £19.80

A Sweet and Tangy sauce gives this dish an exotic flavour. Fine strips of Fillet Steak, lightly battered, then deep fried to a crisp. Stir fried in OK Sauce with a touch of Chilli to give this dazzling dish a kick.

Sesame Pak Fa Duckling £16.80

Deep Fried Prawn Meat Stuffed with Roasted Duck, served with a delicious Spring Onion and Straw Mushroom Oyster Sauce. Can't decide between a King Prawn or Duck dish? You can have the best of both worlds with this one.

Yueng Sam Bo £14.80

Literally translated means 'Stuffed Three Treasures.' Green Peppers, Aubergines and Beancurd are stuffed with minced King Prawns and lightly grilled. A healthy portion of Blackbean Sauce is then drizzled on top. Three Tr23sures... more like Three Pl23sures!

Teriyaki Fillet Steak Japanese Style £22.80

Prime Fillet Steak cubes, marinated with Japanese Teriyaki Soy Sauce, stir fried with Onions, Peppers and Mushrooms, finished off with a sprinkling of Sesame Seeds, guaranteed to melt in your mouth... Elvis' favourite 'cos he "Loved it Tender."

Vietnamese Fillet Steak Cubes £22.80

Large cube chunks of Prime Fillet Steak stir fried with Chilli, Onions, Peppers and Garlic with minimal sauce, the flavours of the different ingredients will definitely be dancing on your tongue.

Sizzling Fillet Steak Korean 'Gangnam Style' £22.80

Tender pieces of Fillet Steak, stir fried with Onions, Peppers and Shallots in a tangy Korean BBQ Sauce. Imaginary lasso at the ready... "Ooh Ooh Oppa Gangnam Style!"

Fricken Hot Sichuan Slow Cooked Chicken (GF) £12.80

From the made up village of FRICKEN, deep in the heart of Szechuan, this flaming fiery special is FRICKEN HOT! Worthy of it's 5 Chilli rating and not for the feint hearted. Chinese Leaves and Beansprouts provide the hot bed base, covered with Slow Cooked Chicken and finished with lashings of stock containing extra hot Fried Chilli and Crushed Garlic. Water and Fire Extinguishers at the ready... Go on I dare you!

Lemon Chicken (Pollo al Limón) £12.80

Tender pieces of Chicken Breast, dusted with a delightful light flour, deep fried to perfection, then topped with a tangtastically zesty lemon sauce.

"The Lemon Chicken is really good brother Gus!"
"Los Pollos de Limón son muy bueno hermano Gus!"

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CHEF'S SPECIAL RECOMMENDATIONS

- SEAFOOD DISHES -

Jumbo Tiger Prawns (Shell On) (GFA) £MarketPrice

Cooked in a variety of styles, these big boys are the bad boys of the Ocean. Available in Salt and Pepper, Spicy Szechuan, Blackbean or simply steamed in Garlic.

Stir Fried Dover Sole Fillet with Asparagus in XO Sauce (GFA) £MarketPrice

Whole Dover Sole, carefully filleted into bite size pieces, Stir Fried in a Spicy XO Sauce* together with market fresh Asparagus, then served on the Deep Fried bone of the Sole... Stunning!

Teriyaki Grilled Salmon (GFA) £20.80

Salmon Fillet marinated in a sweet, savoury Japanese Teriyaki Sauce, grilled to perfection, then served on a 'raft' of Asparagus (or if unavailable, Chinese Seasonal Greens), finished with a sprinkling of Sesame Seeds. High in taste, you'll get high on the flaky texture and high in Omega 3...with a massive 4 'Yes's' Ocean's got talent!!

Johnny Ocean's Fried Rice (GFA) £12.50

Specially created by JHK himself, diced Chicken and King Prawns, stir fried with Mangetout, Sweetcorn with XO Sauce*, resulting with a Dry Fried Rice dish full of Ocean flavour.

Simon's Special Seafood Fried Rice (GFA) £13.50

Not to be outdone, Simon's creation is a superior version: Asparagus, Minced Scallops, King Prawns and Squid together with XO Sauce* are tossed (by our wonderful tossers in the kitchen), producing a frenzy of taste, Simon says it's Simply, Superbly, Sublime!

Johnny Ocean's Seafood Casserole (GFA) £18.80

Created by JHK himself: Scallops, Squid and King Prawns stir fried with market fresh Asparagus in XO Sauce* served in a Clay Pot on a bed of Glass Vermicelli. Oceans of flavour with a wonderful combination of tastes and textures.

Sea for yourself, you'll shorely love it!

*XO Sauce is a premium chilli-based sauce derived from Sundried Scallops, Parma Ham, Chill and Garlic

SIZZLING HOT PLATES 'OCEAN'S 11'

We've chosen eleven of Ocean Tr23sure's sizzlers for you to share! Everyone's a winner!

Sizzling Lamb with Ginger and Spring Onion (GFA)	£14.80	Sizzling Cantonese Fillet Steak	£22.80
Sizzling Lamb with Black Pepper Sauce	£14.80	Sizzling Satay Fillet Steak	£22.80
Sizzling King Prawns with Satay Sauce	£16.80	Sizzling Fillet Steak with Green Peppers and Blackbean Sauce	£22.80
Sizzling King Prawns with Asparagus in XO Sauce* (GFA)	£18.80	Sizzling Fillet Steak with Black Pepper Sauce	£22.80
Sizzling Seafood and Asparagus with XO Sauce* (GFA)	£20.80	Sizzling Fillet Steak 'Gangnam Style'	£22.80
Sizzling Scallops and King Prawns with Fresh Pineapple (GF)	£20.80		

SEAFOOD DISHES

Salt & Pepper Pak Fa Squid (Stuffed with Minced Prawn)	£16.80	Szechuan Style Monk Fish Fillet in Clay Pot	£19.80
Satay King Prawn with Glass Vermicelli in Clay Pot (GFA)	£16.80	Steamed Sea Bass Fillets with Fresh Ginger & Spring Onion (GFA)	£22.80
Oysters with Ginger & Spring Onion in Clay Pot	£16.80	Steamed Dover Sole with Fresh Ginger & Spring Onion (GFA)	£Market Price
Monk Fish Fillet with Seasonal Greens in XO Sauce* (GFA)	£19.80	Baked Lobster Tails with Fresh Ginger & Spring Onion (GFA)	£Market Price
Mixed Seafood with Asparagus & XO Sauce* (GFA)	£19.80	Baked Lobster Tails with Chilli & Blackbean Sauce (GFA)	£Market Price
Monk Fish, Beancurd & Chinese Black Mushroom in Clay Pot	£19.80	Baked Lobster with Fresh Ginger & Spring Onion (GFA)	£Market Price

Steamed Sea Bass Fillets (GFA) £22.80

Fillets of Sea Bass steamed, steamed to perfection topped with Ginger and Spring Onion then smothered with Soy Sauce, a simple yet classic dish.

Sea Bass Napoleon £29.80

Whole Sea Bass (with all the 'bony parts') served as above, then filleted if requested at your table.

*XO Sauce is a premium chilli-based sauce derived from Sundried Scallops, Parma Ham, Chill and Garlic

CREATE YOUR OWN

With the sad demise of Woolworths, we Chinese can only say 'No worries, Never mind! Yu cleate yor own pik'n'mix?!

Chicken	£11.80	Mixed Seafood	£18.80
Beef	£11.80	Fresh Scallops	£19.80
Lamb	£14.80	Fillet Steak	£22.80
King Prawn	£16.80		

Then simply choose one of the following Sauces/ Vegetables.
If what you want is not listed, please ask and if we have it... you got it!

Oyster Sauce	Szechuan Sauce
Sweet and Sour Sauce (GF)	Curry Sauce
Cantonese (OK) Sauce	Spicy XO Sauce* (GF) (£2 surcharge)
Satay Sauce	Peking Sauce
Blackbean Sauce	Cashew Nuts (GF)
Black Pepper Sauce	Thai Sweet Chilli
Kung Po Sauce	Thai Red Curry
Chilli Garlic Sauce (GFA)	Thai Green Curry

A BIT ON THE A SIDE

Curry Sauce	£2.50	Stir Fried Soft Noodles (GFA)	£6.80
Sweet and Sour Sauce (GF)	£2.50	Chips (GF)	£3.50
Soy Sauce with Spring Onion and Fresh Chilli (GFA)	£3.00	Salt and Pepper Chips (GF)	£4.80
Steamed Jasmine Rice (GF)	£3.00	Stir Fried Beansprouts (GFA)	£5.80
Egg Fried Rice (GF)	£4.00	Stir Fried Mixed Vegetables (GFA)	£7.50
		Pak Choi with Crushed Garlic Sauce (Chinese Vegetables) (GFA)	£8.80

*XO Sauce is a premium chilli-based sauce derived from Sundried Scallops, Parma Ham, Chill and Garlic

ALLERGEN ADVICE

Guests with allergies and intolerances should make a member of the team aware before placing an order for food or beverages.

Please be aware that although all due care is taken, there is a risk of allergen ingredients still present.

Please note, any bespoke orders requested cannot be guaranteed as entirely allergen free and will be consumed at the guest's own risk.

Cantonese Sauce:

Carrots, Onions, Tomato Sauce, HP Sauce, Worcestershire Sauce, Wheat Flour, Gluten, Cornflour and Barley

Szechuan Sauce:

Hot Bean Sauce, Tomato Sauce, Sugar, Vinegar, Soy Bean, Sesame Oil and Black Bean

Kung Po Sauce:

Chilli Bean, Tomato Sauce, Vinegar, Soy Bean and Cashew Nuts

Satay Sauce:

Satay Powder, Coconut Paste, Onions, Garlic, Butter, Peanuts, Peanut Butter and Sesame Oil

Black Bean Sauce:

Black Beans (Fermented Soy Beans), Chilli Garlic, Oyster Sauce and Soy Sauce

Oyster Sauce:

Oyster Sauce, Garlic, Sesame Oil and Soy Sauce

Sweet and Sour Sauce:

Tomato Sauce, Sugar, Vinegar, Preserved Plum, Ginger, Carrots and Celery

Peking Sauce:

Chinese Vinegar, Plum Sauce, Peanut Butter, Soy Sauce, Shallots, HP Sauce, Pineapple and Lemon Sesame Sauce

Curry Sauce:

Curry Powder, Plain Flour, Onions, Garlic, Chilli Powder, Lemon Grass and Wheat

XO Sauce:

Parma Ham, Sundried Scallops, Prawns, Chilli, Garlic and Onion

GLUTEN FREE & GLUTEN FREE OPTIONS

For our coeliac diners, please inform our staff and we will be happy to go through all the menu options to enhance your dining experience whilst catering for your dietary requirements. All gluten free dishes are marked (GF), gluten free available marked (GFA) and will need to be discussed. Happy Dining!